

Section 8.3 Trigonometric Integrals

I hope  $\sin^2(\theta) + \cos^2(\theta) = 1$  is your favorite trigonometric identity! Frequently, we'll be using this identity and "power reducing" identities,

$$\sin^2(\theta) = \frac{1 - \cos(2\theta)}{2} \quad \& \quad \cos^2(\theta) = \frac{1 + \cos(2\theta)}{2},$$

in combination with the substitution technique to evaluate trigonometric integrals of the following form:

Type I:  $\int \sin^m(x) \cos^n(x) dx.$

Guidelines for Evaluating Integrals Involving Sine and Cosine

- 1. If the power of the sine is odd and positive, save one sine factor and convert the remaining factors to cosines. Then, expand and integrate.

$$\int \overset{\text{Odd}}{\sin^{2k+1} x} \cos^n x dx = \int \overset{\text{Convert to cosines}}{(\sin^2 x)^k} \overset{\text{Save for } du}{\sin x} \cos^n x dx = \int (1 - \cos^2 x)^k \cos^n x \sin x dx$$

- 2. If the power of the cosine is odd and positive, save one cosine factor and convert the remaining factors to sines. Then, expand and integrate.

$$\int \sin^m x \overset{\text{Odd}}{\cos^{2k+1} x} dx = \int \sin^m x \overset{\text{Convert to sines}}{(\cos^2 x)^k} \overset{\text{Save for } du}{\cos x} dx = \int \sin^m x (1 - \sin^2 x)^k \cos x dx$$

- 3. If the powers of both the sine and cosine are even and nonnegative, make repeated use of the identities

$$\sin^2 x = \frac{1 - \cos 2x}{2} \quad \text{and} \quad \cos^2 x = \frac{1 + \cos 2x}{2}$$

to convert the integrand to odd powers of the cosine. Then proceed as in guideline 2.

if odd use (2)

Ex.1 Integrate:  $\int \cos^3(x) \sin^4(x) dx = \int \cos^2(x) \sin^4(x) \cdot \cos(x) dx$

$= \int [1 - \sin^2(x)] \cdot \sin^4(x) \cdot \cos(x) dx$

$= \int (1 - u^2) \cdot (u^4) \cdot [\cos(x)] \cdot \left(\frac{du}{\cos(x)}\right)$

$= \int (1 - u^2) u^4 du$

$= \int (u^4 - u^6) du$

$= \frac{u^5}{5} - \frac{u^7}{7} + C$

$= \frac{\sin^5(x)}{5} - \frac{\sin^7(x)}{7} + C$

check!?

"odd guy out"

Let  $u = \sin(x)$

$\frac{du}{dx} = \cos(x)$

$du = \frac{du}{dx} \cdot dx$

$du = \cos(x) dx$

$\frac{du}{\cos(x)} = dx$

$\cos^2(x) + \sin^2(x) = 1$

$\cos^2(x) = 1 - \sin^2(x)$

Ex.2 Integrate:  $\int \frac{\sin^5(t)}{\sqrt{\cos(t)}} dt = \int [\cos(t)]^{-1/2} \cdot \sin^4(t) \cdot \sin(t) dt$  Let

$= \int [\cos(t)]^{-1/2} \cdot [\sin^2(t)]^2 \cdot \sin(t) dt$  "odd guy out" u = \cos(t)

$= \int (u)^{-1/2} \cdot [1-u^2]^2 \cdot [\sin(t)] \cdot \left(\frac{du}{-\sin(t)}\right)$   $\frac{du}{dt} = -\sin(t)$

$= \int u^{-1/2} \cdot (1 - 2u^2 + u^4) du$   $du = \frac{du}{dt} dt$

$= \int (u^{-1/2} - 2u^{3/2} + u^{7/2}) du$   $du = -\sin(t) dt$

$= -\left(\frac{2}{1} u^{1/2} - 2 \cdot \frac{2}{5} u^{5/2} + \frac{2}{9} u^{9/2}\right) + C$   $\frac{du}{-\sin(t)} = dt$

$= -2u^{1/2} + \frac{4}{5} u^{5/2} - \frac{2}{9} u^{9/2} + C$   $\sin^2(x) + \cos^2(x) = 1$

$\sin^2(x) = 1 - \cos^2(x)$

$\sin^2(x) = 1 - u^2$

$(1-u^2)^2 = (1-u^2)(1-u^2)$

$= 1 - 2u^2 + u^4$

$$\boxed{= -\frac{2}{9} \cos^{9/2}(t) + \frac{4}{5} \cos^{5/2}(t) - 2 \cos^{1/2}(t) + C}$$

check:

Ex.3 Integrate:  $\int \sin^4(2\theta) d\theta = \int [\sin^2(2\theta)] \cdot [\sin^2(2\theta)] d\theta$

*M is even, n=0, use (3)*

*use "Power Reducing" identity*

$$= \int \left[ \frac{1 - \cos(4\theta)}{2} \right] \cdot \left[ \frac{1 - \cos(4\theta)}{2} \right] d\theta$$

$$= \frac{1}{4} \int [1 - 2\cos(4\theta) + \cos^2(4\theta)] d\theta$$

$$= \frac{1}{4} \int 1 d\theta - \frac{1}{2} \int \cos(4\theta) d\theta + \frac{1}{4} \int \cos^2(4\theta) d\theta$$

*use "Power Reducing" identity*

$$= \frac{1}{4} \theta - \frac{1}{2} \int \cos(u) \cdot \left(\frac{du}{4}\right) + \frac{1}{4} \int \left[ \frac{1 + \cos(8\theta)}{2} \right] d\theta$$

$$= \frac{1}{4} \theta - \frac{1}{8} \int \cos(u) du + \frac{1}{8} \int [1 + \cos(8\theta)] d\theta$$

$$= \frac{1}{4} \theta - \frac{1}{8} [\sin(u)] + \frac{1}{8} \int 1 d\theta + \frac{1}{8} \int \cos(8\theta) d\theta$$

$$= \frac{1}{4} \theta - \frac{1}{8} \sin(4\theta) + \frac{1}{8} \theta + \frac{1}{8} \int \cos(z) \cdot \left(\frac{dz}{8}\right)$$

$$= \frac{2}{8} \theta + \frac{1}{8} \theta - \frac{1}{8} \sin(4\theta) + \frac{1}{64} \int \cos(z) dz$$

$$= \frac{3}{8} \theta - \frac{1}{8} \sin(4\theta) + \frac{1}{64} [\sin(z)] + C$$

$$= \frac{3}{8} \theta - \frac{1}{8} \sin(4\theta) + \frac{1}{64} \sin(8\theta) + C$$

check! ??

$\frac{3}{9}$  "Power Reducing"  
use "Power Reducing"  
 $\sin^2(x) = \frac{1 - \cos(2x)}{2}$

Let  $u = 4\theta$

$$\frac{du}{d\theta} = 4$$

$$\frac{du}{4} = d\theta$$

use "Power Reducing"

$$\cos^2(x) = \frac{1 + \cos(2x)}{2}$$

Let  $z = 8\theta$

$$\frac{dz}{d\theta} = 8$$

$$\frac{dz}{8} = d\theta$$

Type II:  $\int \tan^n(x) \sec^m(x) dx$

We can use  $\sin^2(\theta) + \cos^2(\theta) = 1$  to make two other Pythagorean trigonometric identities. These are  $\sec^2(\theta) = 1 + \tan^2(\theta)$  &  $\tan^2(\theta) = \sec^2(\theta) - 1$ .

In order to use these identities in combination with the substitution technique, we'll need to remember the follow derivatives:

$$\frac{d}{d\theta}[\tan(\theta)] = \sec^2(\theta) \quad \& \quad \frac{d}{d\theta}[\sec(\theta)] = \sec(\theta) \tan(\theta)$$

**Guidelines for Evaluating Integrals Involving Secant and Tangent**

- 1. If the power of the secant is even and positive, save a secant-squared factor and convert the remaining factors to tangents. Then expand and integrate.

Even                      Convert to tangents                      Save for du

$$\int \sec^{2k} x \tan^n x dx = \int (\sec^2 x)^{k-1} \tan^n x \sec^2 x dx = \int (1 + \tan^2 x)^{k-1} \tan^n x \sec^2 x dx$$

- 2. If the power of the tangent is odd and positive, save a secant-tangent factor and convert the remaining factors to secants. Then expand and integrate.

Odd                      Convert to secants                      Save for du

$$\int \sec^m x \tan^{2k+1} x dx = \int \sec^{m-1} x (\tan^2 x)^k \sec x \tan x dx = \int \sec^{m-1} x (\sec^2 x - 1)^k \sec x \tan x dx$$

- 3. If there are no secant factors and the power of the tangent is even and positive, convert a tangent-squared factor to a secant-squared factor, then expand and repeat if necessary.

Convert to secants

$$\int \tan^n x dx = \int \tan^{n-2} x (\tan^2 x) dx = \int \tan^{n-2} x (\sec^2 x - 1) dx$$

- 4. If the integral is of the form  $\int \sec^m x dx$ , where  $m$  is odd and positive, use integration by parts, as illustrated in Example 5 in the preceding section.

- 5. If none of the first four guidelines applies, try converting to sines and cosines.

Ex.4 Integrate:  $\int \sec^4\left(\frac{x}{2}\right) \tan\left(\frac{x}{2}\right) dx = \int \sec^2\left(\frac{x}{2}\right) \cdot \tan\left(\frac{x}{2}\right) \cdot \sec^2\left(\frac{x}{2}\right) dx$

*m is even, use (1)*

$$= \int [1 + \tan^2\left(\frac{x}{2}\right)] \cdot \tan\left(\frac{x}{2}\right) \cdot \sec^2\left(\frac{x}{2}\right) dx$$

$$= \int [1 + u^2] \cdot (u) \cdot \sec^2\left(\frac{x}{2}\right) \cdot \left(\frac{2 du}{\sec^2\left(\frac{x}{2}\right)}\right)$$

$$= 2 \int [u + u^3] \cdot du$$

$$= 2 \left[ \frac{u}{2} + \frac{u^4}{4} \right] + C$$

$$= u + \frac{u^4}{2} + C$$

$$= \tan^2\left(\frac{x}{2}\right) + \frac{\tan^4\left(\frac{x}{2}\right)}{2} + C$$

check! ??

Use  $\sec^2(\theta) = 1 + \tan^2(\theta)$

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Let  $u = \tan\left(\frac{x}{2}\right)$

$$\frac{du}{dx} = \left[\sec^2\left(\frac{x}{2}\right)\right] \cdot \left(\frac{1}{2}\right)$$

$$du = \frac{du}{dx} \cdot dx$$

$$du = \frac{1}{2} \sec^2\left(\frac{x}{2}\right) dx$$


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$$\frac{2 du}{\sec^2\left(\frac{x}{2}\right)} = dx$$

*n is odd, use (2)*

Ex.5 Integrate:  $\int \tan^3\left(\frac{\pi x}{2}\right) \sec^2\left(\frac{\pi x}{2}\right) dx$

$$= \int \tan^2\left(\frac{\pi x}{2}\right) \cdot \sec\left(\frac{\pi x}{2}\right) \cdot \left[\sec\left(\frac{\pi x}{2}\right) \tan\left(\frac{\pi x}{2}\right)\right] dx$$

$$= \int \left[\sec^2\left(\frac{\pi x}{2}\right) - 1\right] \cdot \sec\left(\frac{\pi x}{2}\right) \cdot \left[\sec\left(\frac{\pi x}{2}\right) \tan\left(\frac{\pi x}{2}\right)\right] dx$$

$$= \int \left[u^2 - 1\right] \cdot (u) \cdot \left[\sec\left(\frac{\pi x}{2}\right) \tan\left(\frac{\pi x}{2}\right)\right] \cdot \left[\frac{2 du}{\pi \sec\left(\frac{\pi x}{2}\right) \tan\left(\frac{\pi x}{2}\right)}\right]$$

$$= \frac{2}{\pi} \int (u^3 - u) du$$

$$= \frac{2}{\pi} \left( \frac{u^4}{4} - \frac{u^2}{2} \right) + C$$

$$= \frac{1}{\pi} \left( \frac{u^4}{2} - u^2 \right) + C$$

$$= \frac{1}{\pi} \left[ \frac{\sec^4\left(\frac{\pi x}{2}\right)}{2} - \sec^2\left(\frac{\pi x}{2}\right) \right] + C$$

check: ??

use

$$\tan^2(\theta) = \sec^2(\theta) - 1$$

Let

$$u = \sec\left(\frac{\pi x}{2}\right)$$

$$\frac{du}{dx} = \sec\left(\frac{\pi x}{2}\right) \tan\left(\frac{\pi x}{2}\right) \cdot \frac{\pi}{2}$$

$$du = \frac{du}{dx} \cdot dx$$

$$du = \sec\left(\frac{\pi x}{2}\right) \tan\left(\frac{\pi x}{2}\right) \cdot \frac{\pi}{2} \cdot dx$$

$$\frac{2 du}{\pi \sec\left(\frac{\pi x}{2}\right) \tan\left(\frac{\pi x}{2}\right)} = dx$$

$n$  is even,  $m=0 \rightarrow$  use (3)

Ex.6 Evaluate:  $\int \tan^6(x) dx = \int [\tan^4(x)] \cdot [\tan^2(x)] dx$

$$= \int \tan^4(x) \cdot [\sec^2(x) - 1] dx$$

$$= \int \tan^4(x) \sec^2 x dx - \int \tan^4(x) dx$$

$$= \int (u^4) \cdot \sec^2(x) \cdot \left(\frac{du}{\sec^2(x)}\right) - \int [\tan^2(x)] \cdot [\tan^2(x)] dx$$

$$= \int u^4 du - \int \tan^2(x) \cdot [\sec^2(x) - 1] dx$$

$$= \frac{u^5}{5} - \int \tan^2(x) \sec^2(x) dx + \int \tan^2(x) dx$$

$$= \frac{\tan^5(x)}{5} - \int (u^2) \cdot \sec^2(x) \cdot \left(\frac{du}{\sec^2(x)}\right) + \int [\sec^2(x) - 1] dx$$

$$= \frac{\tan^5(x)}{5} - \int u^2 du + \int \sec^2(x) dx - \int 1 dx$$

$$= \frac{\tan^5(x)}{5} - \frac{u^3}{3} + \tan(x) - x + C$$

$$= \frac{\tan^5(x)}{5} - \frac{\tan^3(x)}{3} + \tan(x) - x + C$$

check: ??

Wow!!

use

$$\tan^2(\theta) = \sec^2(\theta) - 1$$

Repeat if needed!

Helps Reduce Powers of tangent

Let  $u = \tan(x)$

$$\frac{du}{dx} = \sec^2(x)$$

$$\frac{du}{\sec^2(x)} = dx$$

mis odd, n=3, → use (4), "Parts"

Ex.7 Evaluate:  $\int \sec^3(x) dx$

$$\begin{aligned}
 &= \int [\sec(x)] \cdot [\sec^2(x) dx] = \int u dv \\
 &= \left( \overset{u}{\phantom{u}} \right) \cdot \left( \overset{v}{\phantom{v}} \right) - \int \left( \overset{v}{\phantom{v}} \right) \cdot \left( \overset{du}{\phantom{du}} \right) \\
 &= [\sec(x)] \cdot [\tan(x)] - \int [\tan(x)] \cdot [\sec(x) \tan(x) dx] \\
 &= \sec(x) \tan(x) - \int \sec(x) \tan^2(x) dx \\
 &= \sec(x) \tan(x) - \int \sec(x) [\sec^2(x) - 1] dx \\
 &= \sec(x) \tan(x) - \int \sec^3(x) dx + \int \sec(x) dx
 \end{aligned}$$

$Sudv = uv - \int v du$

Let  $u = \sec(x)$   
 $\frac{du}{dx} = \sec(x) \tan(x)$   
 $du = \frac{du}{dx} \cdot dx$   
 $du = \sec(x) \tan(x) dx$

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Let  $dv = \sec^2(x) dx$   
 $\int dv = \int \sec^2(x) dx$   
 $v = \tan(x) + C$   
 $v = \tan(x)$

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$\tan^2(\theta) = \sec^2(\theta) - 1$

$$= \sec(x) \tan(x) + \ln|\sec(x) + \tan(x)| - \int \sec^3(x) dx \quad \star$$

"loop," so add

$\int \sec(x) dx = \ln|\sec(x) + \tan(x)| + C$

$$\int \sec^3(x) dx = \sec(x) \tan(x) + \ln|\sec(x) + \tan(x)| - \int \sec^3(x) dx + \int \sec^3(x) dx$$

$$2 \int \sec^3(x) dx = \sec(x) \tan(x) + \ln|\sec(x) + \tan(x)| + C$$

$$\frac{1}{2} \cdot 2 \int \sec^3(x) dx = \frac{1}{2} [\sec(x) \tan(x) + \ln|\sec(x) + \tan(x)|] + C$$

$$\int \sec^3(x) dx = \frac{1}{2} \sec(x) \tan(x) + \frac{1}{2} \ln|\sec(x) + \tan(x)| + C$$

check: ??

Zoinks!!!

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(5) convert to sines & cosines

Ex.8 Integrate:  $\int \frac{\tan^2(x)}{\sec^5(x)} dx = \int \frac{\left[\frac{\sin(x)}{\cos(x)}\right]^2}{\left[\frac{1}{\cos(x)}\right]^5} dx$

$= \int \frac{\sin^2(x)}{\cos^2(x)} \cdot \frac{\cos^5(x)}{1} dx$  *is odd, use (2)*

$= \int \sin^2(x) \cos^3(x) dx$

$= \int [\sin^2(x)] \cdot [\cos^2(x)] \cdot \cos(x) dx$

$= \int [\sin^2(x)] \cdot [1 - \sin^2(x)] \cdot \cos(x) dx$

$= \int [u^2] \cdot [1 - u^2] \cdot \cos(x) \cdot \left(\frac{du}{\cos(x)}\right)$

$= \int (u^2 - u^4) du$

$= \frac{u^3}{3} - \frac{u^5}{5} + C$

$= \frac{\sin^3(x)}{3} - \frac{\sin^5(x)}{5} + C$

check! ??

Use

$\cos^2(\theta) = 1 - \sin^2(\theta)$

Let  $u = \sin(x)$

$\frac{du}{dx} = \cos(x)$

$\frac{du}{\cos(x)} = dx$

Are you comfortable manipulating your favorite Pythagorean trig identity?

$\sin^2 \theta + \cos^2 \theta = 1$

$\sin^2 \theta + \cos^2 \theta = 1$

$\frac{\sin^2 \theta}{\sin^2 \theta} + \frac{\cos^2 \theta}{\sin^2 \theta} = \frac{1}{\sin^2 \theta}$

$\frac{\sin^2 \theta}{\cos^2 \theta} + \frac{\cos^2 \theta}{\cos^2 \theta} = \frac{1}{\cos^2 \theta}$

$1 + \cot^2 \theta = \csc^2 \theta$

$\tan^2 \theta + 1 = \sec^2 \theta$



Type III: Integrals Involving Sine-Cosine Products with Different Angles

In concert with the substitution technique, we'll use the following three identities:

(c)  $\sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha - \beta) + \sin(\alpha + \beta)]$

(a)  $\sin \alpha \sin \beta = \frac{1}{2} [\cos(\alpha - \beta) - \cos(\alpha + \beta)]$

(b)  $\cos \alpha \cos \beta = \frac{1}{2} [\cos(\alpha - \beta) + \cos(\alpha + \beta)]$

← use (c)

Ex.9 Integrate:  $\int \sin(-4x) \cos(3x) dx$

$= \int \frac{1}{2} [\sin(-7x) + \sin(-x)] dx$

$= \frac{1}{2} \int \sin(-7x) dx + \frac{1}{2} \int \sin(-x) dx$  \*\*

$= -\frac{1}{2} \int \sin(7x) dx - \frac{1}{2} \int \sin(x) dx$

$= -\frac{1}{2} \int \sin(u) \cdot \left(\frac{du}{7}\right) - \frac{1}{2} [-\cos(x)] + C$

$= -\frac{1}{14} \int \sin(u) du + \frac{1}{2} \cos(x) + C$

$= -\frac{1}{14} [-\cos(u)] + \frac{1}{2} \cos(x) + C$

$= \frac{\cos(7x)}{14} + \frac{\cos(x)}{2} + C$

check: ??

Use  $\sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha - \beta) + \sin(\alpha + \beta)]$

let  $\alpha = -4x \neq \beta = 3x$   
 $\alpha - \beta = -4x - 3x$   
 $\alpha - \beta = -7x$   


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 $\alpha + \beta = -4x + 3x$   
 $\alpha + \beta = -x$

\*\* sine is an "odd" function,  
 $\sin(-x) = -\sin(x)$

cosine is an "even" function,  
 $\cos(-x) = \cos(x)$

let  $u = 7x$   
 $\frac{du}{dx} = 7$   
 $\frac{du}{7} = dx$